



Behavioral Health **In-Home** *Support*

About the Program

Obtaining a thorough, accurate assessment of each child's strengths and environmental influences is crucial to long-term changes in behavior.

The IMD *Behavioral Diagnostic Team* uses a comprehensive approach that identifies the root causes of behavioral/functions. A partnership with University of Minnesota Psychological Services enables the team to access a vast array of resources by grounding access to care and treatment in the community. Team members also gather information such as school and judicial records, medical and mental health histories, and input from family social service professionals.

A comprehensive neuropsychological evaluation reviews the child's cognitive functions in areas such as:

- Academic
- Personality
- Emotional Development
- Speech, Language and Memory
- Fine Motor Skills
- Attentional Abilities
- Mental Health
- Emotional and Behavioral Self Regulation

An Overview

The goal of the IMD *Behavioral Diagnostic Team* is to offer effective long-term direction to address multidimensional community and individual family needs. The likelihood of long-term behavior changes is enhanced when the child's needs are accurately assessed and family members and community resources are integrated into the intervention and treatment plans.

IMD professionals build treatment plans that:

- Focus on individual needs and strengths
- Set realistic short-term goals
- Establish a model of care for individuals of color and those with low incomes.
- Emphasize communication among community members, health providers, and community-based organizations.

Mentoring

As part of the in-home support IMD offers individual mentoring to youth at risk. The mentor and youth spend time together with family, in the community and at school. Mentors partner with parents to help the youth develop positive values.

A Big Picture Approach

An effective treatment plan impacts every area of the child's life. It provides direction for both professionals and the child's family. The plan lays a foundation from which the child can reach for success.